

Fairbanks Ultimate Association and Alaska Campus Disc Club present

# Ultimate Frisbee Youth Clinic

6:00-8:00pm Tu-Th May 25-27, 2010  
Randy Smith Middle School Fields



This three day evening program will introduce youth (aged 11-18) to the growing sport of Ultimate Frisbee. Played with a flying disc, Ultimate combines elements of soccer, football, and basketball, resulting in a fast-paced team sport enjoyed by children and adults around the world. Topics covered will include basic throws, cutting, and Spirit of the Game. Senior discers will also be introduced to more technical throws, and higher-level offensive and defensive strategies.

Please bring completed form and \$30 fee to the field or mail to *Ultimate Frisbee Youth Clinic* c/o Rose Hewitt, 585 L'Amour Ct, Fairbanks, AK 99712.

Checks can be made out to "Fairbanks Ultimate Association."

Participants should bring a **water bottle, white and colored shirts**, and tennis **shoes or soccer cleats** with them to the field each day.

**Questions?** Contact Erin (erinlarr@yahoo.com) or Rose (funkyr@hotmail.com )

Participant's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Ultimate Frisbee experience:    beginner    intermediate    advanced

Gender: M / F      School (2009-2010): \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Alt Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### Parent/Guardian Medical Consent:

I, the undersigned, parent or guardian, do hereby agree to allow the above-named child to participate in the FUA Ultimate Frisbee Youth Camp. Further, I hereby waive, on behalf of myself and the aforementioned child, any liability of the Fairbanks Ultimate Association and its members arising from any injury which may be suffered by participation in the Ultimate Frisbee Youth Camp. In case of any medical emergency, I authorize the Fairbanks Ultimate Association and its members to take my child to the nearest medical facility for necessary treatment.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date